

Your Spiritual Journey and Mask of Inspiration

with Kaleo & Elise Ching, June 22 & 29, at Peace Lutheran in Danville

Whether in Hildegard von Bingen's songs of Divine revelation, Rumi's poetic immersion in holy ecstasy, or Marc Chagall's paintings of Hasidic inspiration, the Sacred speaks to us through creative expression. Creativity is a common path among ancient and modern traditions to mystical communion with Spirit.

Engage the Divine beyond, around, and within during these two days of creative exploration with Kaleo and Elise. Investigate manifestations of energy through Chi Kung, discover through guided journeying your own deep resources of spiritual inspiration, then create your *mask* of Sacred awareness.

EXPERIENCE:

- An opportunity for seekers of all faiths to engage creativity as spiritual encounter
- Chi Kung for energy awareness and spiritual attunement
- Guided journeys to access your personal experience of Sacred Wisdom
- Simple, easy-to-learn, but effective art techniques to create your mask
- A joyful hands-on creative process in a supportive community

WHEN: 2 Saturdays: June 22 & 29, 2013, 9:00 a.m. to 5:00 p.m.

WHERE: Peace Lutheran Church in Danville

www.peacejourney.org

FEE: \$150 plus \$30 for a feast of art materials.

A portion of the fee benefits Art & Spirituality at Peace.



Light Mist: Touching Spirit

PRE-REGISTRATION required. Space is limited.

To reserve your space, send \$50 nonrefundable deposit and contact info (email and phone #) to: Peace Lutheran Church, 3201 Camino Tassajara, Danville, 94506

A limited number of scholarships are available. Inquire with Pastor Steve steve@peacejourney.org



Minerva, Goddess of Wisdom

Kaleo Ching, MA Art, and **Elise Ching**, BSN, MA English and Transpersonal Psychology, are both Certified Acupressure Massage Therapists and Certified Clinical Hypnotherapists. They co-teach classes (22 years) combining Chi Kung, acupressure, guided meditation, and art and have co-authored several books, including *Faces of Your Soul: Rituals in Art, Maskmaking, and Guided Imagery with Ancestors, Spirit Guides, and Totem Animals* (North Atlantic Books, 2006) and *Chi and Creativity: Vital Energy and Your Inner Artist* (Blue Snake Books, 2007).

www.kaleoching.com